



JANUARY		HIGH WATER				LOW WATER			
		AM	METRES	PM	METRES	AM	METRES	PM	METRES
01 MON		02:44	3.8	15:15	3.6	08:36	0.6	20:31	1.0
02 TUE		03:24	3.7	15:57	3.5	09:14	0.6	21:11	1.1
03 WED		04:08	3.5	16:43	3.4	09:58	0.7	21:57	1.1
04 THU	☾	04:59	3.4	17:35	3.3	10:49	0.8	22:50	1.2
05 FRI		05:57	3.3	18:32	3.3	11:47	0.8	23:58	1.3
06 SAT		06:58	3.2	19:31	3.3			12:50	0.8
07 SUN		07:58	3.2	20:31	3.3	01:08	1.2	13:51	0.8
08 MON		08:58	3.4	21:30	3.5	02:13	1.1	14:49	0.8
09 TUE		09:56	3.6	22:26	3.7	03:14	1.0	15:45	0.7
10 WED		10:50	3.8	23:15	3.9	04:10	0.8	16:36	0.7
11 THU	☉	11:39	4.0			05:03	0.6	17:23	0.6
12 FRI		00:03	4.0	12:28	4.2	05:52	0.4	18:08	0.6
13 SAT		00:49	4.1	13:17	4.3	06:39	0.3	18:51	0.6
14 SUN		01:36	4.1	14:07	4.3	07:24	0.2	19:33	0.6
15 MON		02:22	4.1	14:56	4.3	08:09	0.1	20:16	0.6
16 TUE		03:08	4.1	15:45	4.1	08:54	0.1	21:00	0.7
17 WED		03:55	4.0	16:37	3.9	09:40	0.2	21:46	0.8
18 THU	☾	04:46	3.8	17:32	3.6	10:33	0.4	22:40	0.9
19 FRI		05:42	3.7	18:32	3.4	11:35	0.6	23:47	1.0
20 SAT		06:48	3.5	19:35	3.3			12:47	0.7
21 SUN		07:57	3.4	20:42	3.2	01:06	1.1	13:55	0.8
22 MON		09:07	3.4	21:45	3.4	02:21	1.0	14:57	0.9
23 TUE		10:09	3.6	22:39	3.6	03:28	0.8	15:53	0.9
24 WED		11:04	3.8	23:27	3.8	04:27	0.7	16:42	0.8
25 THU	☉	11:50	3.9			05:18	0.5	17:26	0.8
26 FRI		00:10	3.9	12:34	3.9	06:03	0.4	18:05	0.8
27 SAT		00:49	3.9	13:13	3.9	06:43	0.4	18:39	0.8
28 SUN		01:25	3.9	13:48	3.8	07:15	0.4	19:08	0.8
29 MON		01:56	3.8	14:19	3.7	07:42	0.4	19:37	0.8
30 TUE		02:25	3.8	14:49	3.7	08:10	0.4	20:08	0.8
31 WED		02:58	3.8	15:24	3.7	08:42	0.5	20:42	0.8

MARCH		HIGH WATER				LOW WATER			
		AM	METRES	PM	METRES	AM	METRES	PM	METRES
1	FRI	03:00	3.8	15:27	3.7	08:39	0.5	20:47	0.7
2	SAT	03:36	3.7	16:10	3.5	09:13	0.6	21:26	0.8
3	SUN	04:18	3.5	17:00	3.3	09:53	0.8	22:13	1.0
4	MON	05:15	3.2	18:03	3.0	10:46	1.0	23:15	1.1
5	TUE	06:31	3.0	19:12	2.9			12:14	1.1
6	WED	07:53	3.0	20:28	3.0	00:50	1.1	14:02	1.1
7	THU	09:18	3.3	21:45	3.3	02:34	0.9	15:13	0.9
8	FRI	10:25	3.7	22:44	3.7	03:47	0.6	16:07	0.7
9	SAT	11:16	4.1	23:32	4.0	04:41	0.3	16:53	0.5
10	SUN			12:01	4.4	05:27	0.0	17:37	0.4
11	MON	00:16	4.3	12:45	4.5	06:10	-0.1	18:17	0.3
12	TUE	00:59	4.4	13:29	4.5	06:49	-0.2	18:57	0.2
13	WED	01:41	4.5	14:12	4.4	07:27	-0.1	19:36	0.2
14	THU	02:22	4.5	14:53	4.2	08:05	0.0	20:16	0.3
15	FRI	03:03	4.3	15:34	3.9	08:44	0.2	20:56	0.4
16	SAT	03:46	4.1	16:16	3.5	09:25	0.5	21:40	0.7
17	SUN	04:35	3.7	17:02	3.2	10:14	0.9	22:39	0.9
18	MON	05:36	3.3	18:04	2.8	11:34	1.2		
19	TUE	07:15	3.0	19:49	2.8	00:19	1.0	13:03	1.3
20	WED	08:41	3.1	21:04	3.0	01:48	0.9	14:15	1.2
21	THU	09:41	3.4	21:59	3.4	02:59	0.7	15:16	1.1
22	FRI	10:30	3.7	22:46	3.7	03:57	0.5	16:05	0.9
23	SAT	11:14	3.9	23:28	3.9	04:42	0.4	16:45	0.8
24	SUN	11:53	4.0			05:18	0.3	17:20	0.7
25	MON	00:05	3.9	12:28	3.9	05:48	0.3	17:50	0.6
26	TUE	00:37	3.8	12:57	3.8	06:14	0.4	18:19	0.6
27	WED	01:06	3.8	13:21	3.8	06:41	0.4	18:47	0.6
28	THU	01:32	3.8	13:46	3.8	07:09	0.4	19:17	0.5
29	FRI	01:58	3.8	14:18	3.8	07:38	0.4	19:49	0.5
30	SAT	02:31	3.9	14:54	3.8	08:08	0.5	20:23	0.6
31	SUN	03:08	3.8	15:35	3.6	08:43	0.6	21:03	0.7

MAY		HIGH WATER				LOW WATER			
		AM	METRES	PM	METRES	AM	METRES	PM	METRES
1	WED	04:44	3.4	17:05	3.1	10:04	1.1	22:49	0.8
2	THU	06:01	3.2	18:26	3.0	11:24	1.2		
3	FRI	07:24	3.3	19:44	3.2	00:32	0.7	13:12	1.1
4	SAT	08:37	3.6	20:50	3.5	01:54	0.5	14:18	0.9
5	SUN	09:35	3.9	21:47	3.8	02:56	0.3	15:13	0.7
6	MON	10:26	4.2	22:37	4.1	03:49	0.1	16:02	0.5
7	TUE	11:12	4.3	23:23	4.3	04:35	0.1	16:47	0.4
8	WED	11:55	4.4			05:17	0.1	17:33	0.3
9	THU	00:08	4.4	12:38	4.3	05:59	0.1	18:16	0.2
10	FRI	00:52	4.4	13:19	4.2	06:39	0.3	18:59	0.3
11	SAT	01:37	4.3	13:59	4.0	07:17	0.4	19:41	0.3
12	SUN	02:21	4.2	14:39	3.8	07:54	0.6	20:24	0.4
13	MON	03:07	3.9	15:21	3.6	08:32	0.9	21:10	0.6
14	TUE	03:58	3.6	16:07	3.3	09:16	1.1	22:10	0.7
15	WED	04:55	3.3	17:04	3.1	10:16	1.3	23:25	0.8
16	THU	06:08	3.1	18:17	3.0	11:42	1.4		
17	FRI	07:25	3.1	19:33	3.0	00:34	0.8	12:55	1.3
18	SAT	08:27	3.2	20:34	3.2	01:34	0.7	13:56	1.2
19	SUN	09:19	3.4	21:26	3.4	02:24	0.6	14:46	1.0
20	MON	10:02	3.6	22:11	3.6	03:09	0.6	15:28	0.9
21	TUE	10:41	3.7	22:52	3.7	03:48	0.5	16:07	0.8
22	WED	11:16	3.8	23:29	3.7	04:26	0.5	16:45	0.7
23	THU	11:48	3.9			05:05	0.5	17:24	0.6
24	FRI	00:04	3.8	12:21	3.9	05:44	0.5	18:03	0.5
25	SAT	00:40	3.9	12:57	3.9	06:21	0.5	18:42	0.5
26	SUN	01:19	3.9	13:36	3.9	06:57	0.6	19:20	0.5
27	MON	02:01	3.9	14:17	3.8	07:34	0.7	20:02	0.5
28	TUE	02:49	3.9	15:02	3.7	08:15	0.8	20:49	0.5
29	WED	03:41	3.7	15:54	3.5	09:02	0.9	21:42	0.5
30	THU	04:43	3.6	16:56	3.4	09:57	1.0	22:48	0.6
31	FRI	05:52	3.5	18:09	3.3	11:07	1.1		

JULY		HIGH WATER				LOW WATER			
		AM	METRES	PM	METRES	AM	METRES	PM	METRES
1	MON	07:34	3.6	19:49	3.6	00:41	0.5	12:59	1.0
2	TUE	08:35	3.6	20:51	3.6	01:47	0.6	14:09	0.9
3	WED	09:34	3.6	21:53	3.7	02:48	0.6	15:13	0.8
4	THU	10:29	3.8	22:49	3.9	03:45	0.6	16:12	0.6
5	FRI	11:20	3.9	23:41	4.0	04:36	0.7	17:07	0.5
6	SAT			12:06	4.0	05:23	0.7	17:57	0.4
7	SUN	00:29	4.0	12:49	4.0	06:07	0.7	18:44	0.4
8	MON	01:15	4.0	13:32	3.9	06:46	0.8	19:25	0.3
9	TUE	01:58	3.9	14:09	3.9	07:22	0.9	20:04	0.4
10	WED	02:37	3.8	14:45	3.8	07:55	0.9	20:37	0.4
11	THU	03:14	3.7	15:21	3.8	08:28	0.9	21:10	0.5
12	FRI	03:52	3.6	16:01	3.7	09:05	1.0	21:47	0.6
13	SAT	04:32	3.5	16:47	3.5	09:46	1.1	22:32	0.7
14	SUN	05:19	3.4	17:39	3.4	10:36	1.1	23:25	0.8
15	MON	06:12	3.3	18:36	3.2	11:36	1.2		
16	TUE	07:07	3.2	19:35	3.2	00:25	0.8	12:45	1.2
17	WED	08:06	3.3	20:37	3.2	01:27	0.9	13:52	1.2
18	THU	09:07	3.4	21:38	3.4	02:28	0.9	14:55	1.0
19	FRI	10:06	3.6	22:35	3.6	03:26	0.8	15:55	0.8
20	SAT	11:00	3.8	23:27	3.9	04:20	0.7	16:49	0.6
21	SUN	11:47	3.9			05:08	0.7	17:40	0.5
22	MON	00:15	4.1	12:33	4.0	05:53	0.6	18:26	0.3
23	TUE	01:02	4.2	13:18	4.1	06:36	0.6	19:09	0.2
24	WED	01:48	4.3	14:02	4.2	07:17	0.6	19:52	0.1
25	THU	02:35	4.3	14:46	4.2	07:56	0.6	20:33	0.1
26	FRI	03:22	4.2	15:30	4.1	08:39	0.6	21:16	0.1
27	SAT	04:10	4.0	16:16	4.0	09:23	0.7	22:02	0.3
28	SUN	05:01	3.8	17:08	3.8	10:12	0.8	22:56	0.5
29	MON	05:59	3.5	18:10	3.6	11:10	0.9		
30	TUE	07:01	3.3	19:21	3.4	00:04	0.7	12:25	1.0
31	WED	08:09	3.3	20:35	3.4	01:18	0.9	13:46	1.1

At **SPILL Festival 2023**, we celebrated the ‘Shefarers’ of *Ipswich*; sailors, skippers, swimmers, artists, historians, activists, boatbuilders, and many more, asking them: is there a feminism of the water?

The history of the seas is almost exclusively a history of men. Men have sailed the seas, worked in the sea trade, gone to war. While women have fought with considerable success for gender equality on land, the maritime world seems far behind. Today more women than ever are sailing the seas and the question is: Is that changing anything?

Created by artist collective *secret agency* as part of their *Women of the Seven Seas* initiative, *Shefarers of Ipswich* preserves the stories and experiences of the women who live and work on local and global waters.

Many of the shefarers featured in this special 2024 Ipswich tide calendar took part in our celebratory event on *Sailing Barge Victoria* on 21st October 2023. Their stories and testimonies can be explored by searching for ‘shefarers’ (reference GA414) in the *Suffolk Archives* collection.



JUDY HARRISON
Skipper

“My dream is that young girls grow up thinking that they could be fishermen, they could work on windfarms, they could be boatbuilders, they could be sailmakers, they could do anything that any man could do. Because they can.”



BELINDA JOSLIN
Sailor and founder of *Women in Boatbuilding*

“You are in a way, a ridiculous way, representing all women when you’re in these environments. So, I suppose, you feel the pressure.”



CATHY SHELBOURNE
Speaker on maritime heritage

“Throughout history women were always there and you can see them in old photos, but either they were on ships illegitimately or the men in charge just didn’t bother to put them on the muster roll.”



CLAUDIA MYATT
Sketchbook sailor

“All the oceans have different characters. The Southern Ocean particularly has its raw beauty. All the noises, all the shouty bits of the world are too far away to matter.”



JO BARNARD
Sailor, swimmer, and rower



ANA REIS FISHER
SPEAK Ipswich founder

“I work with refugees, who made their journey either through the Mediterranean or through the Channel, and because I always lived close to the seaside, there’s a connection there of how things come together.”

SPILL FESTIVAL

SPILL is an arts organisation and registered charity based in Ipswich, in the East of England. We create events for the people of Ipswich, East Anglia, and further afield, and work with artists to develop their practice. spillfestival.com

SECRET AGENCY

secret agency is an artist collective based in Hamburg, Germany. They produce situations and institutions that appear to be fictional but then nonetheless withstand the test of reality.

geheimagentur.net
womenofthesevenseas.net

THE NATIONAL LOTTERY HERITAGE FUND

Using money raised by the *National Lottery*, we inspire, lead and resource the UK’s heritage to create positive and lasting change for people and communities, now and in the future.

heritagefund.org.uk.



HEIKE LÖWENSTEIN
Boatbuilder and transatlantic rower



JANE CHEVOUS
Blue water sailor and writer

“I love that moment when you get out of the estuary into the open water, you turn off the engine, hoist the sail and the quiet descends, and it’s just you and the winds and the tide.”



JESSICA ASHLEY
Wingfoiler, sailor, wild swimmer, and paddleboarder

“I believe in the whole blue therapy. So, anytime I’m stressed or feeling down, I’ll just take myself to somewhere with water.”



EMILY STOKES
Boatbuilder



JANE O'HALLORAN
Sailor and third hand on Thames Sailing Barge *Tbalatta*

“It is not just about having the strongest muscles.”



THE MANNINGTREE MERMAIDS
Swimmers and clean water campaigners

“Starting with the water, people all across the world are connected, in a way that they are not through the land.”